

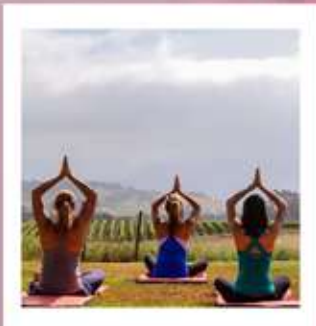


**Wisdom and
well-being mindful meditation
\$125**

Meditation, as a spiritual practice, is more about working with the mind, body and spirit training in awareness. Simply working with the mind leads to an improved sense of presence, calm, attentiveness, and an increase in valued human qualities such as empathy and patience.

A lot of things in life are beyond our control, but it's quite possible to have greater control over our actions and how we respond to the situations we find ourselves in. To do this, we need to cultivate awareness of how the mind, body and spirit works and the ability to maintain focus. And nothing cultivates awareness better than meditation does.

Meditation is to the mind what physical exercise is to the body.



A psychic reading session with Grace is when she will tap into the individuals energy and learns about their past, present, and future.

Grace will give critical details obtained from your reading. You can then use these little details to adjust and improve your love life, Finances, career or in your spiritual journey.

Grace will observe what energy or aura colors radiates from you to see is absent, weakened, or blocked because of constraints or limitations.

It is an important aspect of an accurate psychic reading.

You must be open to what you hear. As Grace may discuss matters you haven't thought of yet.

Receive the reading with an open heart.

Psychic reading session \$165

Tarot Cards \$145

Palm reading \$125

*Come see our selection of healing stones
and chakra candles*

Call for a appointment

(707)415-5050

divinechakraspa@yahoo.com

Divinechakraspa.com

6509 Washington Street, Yountville, CA 94599

Skype or zoom sessions available



Available for private events



DIVINE CHAKRA
P S Y C H I C



*Book your Chakra balancing, meditation
or psychic session today*

Divinechakraspa.com

Grace Miller's gift lies in bringing each person forward on their own unique path. A beloved intuitive spiritual teacher serving the Bay Area for over 25 years Grace is there to support, adjust, and enrich each person's journey.

Having taught meditation, chakra balancing and spiritual life coaching, this pioneer empowers each person with positive, loving energy so each can find their own inner happiness.

Grace, rejuvenates guests by combining a spiritual cleansing with three core activities: psychic awareness chakra Balancing, and meditation. Each treatments are thoughtfully conceived, so that they flow into and complement the next, creating a powerful whole.

This is a place of rejuvenation. Guests come to cleanse and renewing their Spirit and emerging from their treatment stronger, healthier, and revitalized.



Experience Chakras \$265 per chakra

Divine Chakra offers chakra balancing services to help rebalance your chakras to provide you with a sense of physical and emotional wellbeing. Chakra balancing or alignment is known to help with the following ailments: health, breaking through ruts, emotional wellbeing, increased self-esteem, love life, intuition, finding your life path.



Third Eye Chakra



The third eye chakra, or Ajna, is located between your eyes. You can thank this chakra for a strong gut instinct. That's because the third eye is responsible for intuition. It's also linked to imagination.

Throat Chakra



The throat chakra, or Vishuddha, is located in your throat. This chakra has to do with our ability to communicate verbally.

Heart Chakra



The heart chakra, or Anahata, is located near your heart, in the center of your chest. It comes as no surprise that the heart chakra is all about our ability to love and show compassion.

Crown Chakra



The crown chakra, or Sahasrara, is located at the top of your head. Your Sahasrara represents your spiritual connection to yourself, others, and the universe. It also plays a role in your life's purpose.

Solar Plexus Chakra



The solar plexus chakra, or Manipura, is located in your stomach area. It's responsible for confidence and self-esteem, as well as helping you feel in control of your life.

Sacral Chakra



The sacral chakra, or Svadhisthana, is located just below your belly button. This chakra is responsible for your sexual and creative energy. It's also linked to how you relate to your emotions as well as the emotions of others.

Root Chakra



The root chakra, or Muladhara, is located at the base of your spine. It provides you with a base or foundation for life, and it helps you feel grounded and able to withstand challenges. Your root chakra is responsible for your sense of security and stability.

Grape Leaf Tea Readings

Grape leaves represent plenty, freedom and rebirth. Grapevines represent the faith required to expand and prosper. They also show the joy that comes as a result of doing so in their grapes and wine. It is no mistake that this plant and its fruit are used for pleasure and during celebrations. The grapevine truly provides us with the fruit of the spirit – and of life.

\$245 per session includes your personal tea cup and tea.

